



Catherine Ridder
M. Div., LMFT

Treatment Information

About The Sessions and Fees:

Regular sessions are 50 minutes long. Clients usually participate in therapy on a weekly basis, although there may be good reason in some cases for more than one session per week. Regular attendance to your therapy sessions is crucial to your progress. The present standard fees are as follows:

Standard 50 minute session is \$150.

For any written report requested by the client for medical or legal purposes, the fee is prorated and charged to the client at \$150 per 50 minutes.

Although phone sessions are rare, if they become necessary, the regular session fee will be charged To client, prorated to quarter of hour.

The client is responsible for having a zero balance at the end of treatment. Please be aware that you are responsible for verifying and understanding the limits of your insurance coverage, and that payment is your obligation regardless of insurance coverage.

Regarding Cancellations:

When you schedule an appointment, you will be financially responsible for it. Please give one week notice when cancelling appointments. If there is a problem with your scheduled time that week, all attempts to reschedule will be made. APPOINTMENTS CANCELLED WITHOUT 24 HOUR NOTICE WILL BE CHARGED THE FULL FEE.

About Your Confidentiality:

All communications between you and the therapist will be held in strict confidence unless you provide written permission to release information about your treatment. Your records are retained by my office for seven years, and then destroyed. Confidentiality and privileged communication remain the rights of all clients of professional therapists according to state law. There are exceptions to confidentiality, as outlined below:

- In instances of suspected child abuse or elder abuse (physical, sexual, neglect, emotional, and psychological).
- When a patient presents a serious danger of physical violence to another person.
- When a patient is dangerous to him or herself.
- When the client introduces their mental health as a factor in court proceedings.

Before informing anyone who should be warned, the therapist will take all positive steps to first share that intention to the client. Every effort will be made to resolve the issue with the client so as to prevent any such breach of confidentiality. Also, it is important to note, your therapist utilizes a "no secrets" policy when conducting family/marital/couples therapy.

Availability and Emergencies:

You may leave a message for me at any time on my confidential voicemail. If you wish a return call, please be sure to leave your name and phone number, along with a message concerning the nature of your call. In the event of an emergency, PLEASE CALL 911.

Name (Printed)

Signature

Date